

Welcome to the Spring Into Spring Challenge!

Week One – Day Two Bedroom Surfaces

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Week One – Day 2 Bedroom Surfaces

GOOD MORNING!

Are you raring to go? In 20 minutes, you are going to be a huge step closer to creating an oasis in your home. Get ready, peace and tranquility, here we come!

DO AHEAD

Get your cleaning caddy and be sure that it includes a duster (feather dusters are ideal, if you don't have one, be sure that you have a dust rag and/or microfibre cloth) and what ever you use for furniture and surface cleaner.

I dust my furniture with a very slightly damp cloth, you may want to be sure that is safe for your furniture, and I wash surfaces including mirrors and windows with a spray bottle containing water and a few drops of a pure essential oil – what ever I am in the mood for.

If you work with essential oils be sure to follow the same safety rules as you would with any cleaner or chemical in your home – keep them well away from children, some can be irritating and damaging, a few can be deadly.

A NOTE ON CLEANING WINDOWS AND MIRRORS WITH AN ESSENTIAL OIL SOLUTION – I do mine by washing first with a rag and plain water, or soap and water. I then wipe with old newspaper, the newsprint is messy on the hands, but it gives a good shine. It's a trick that I learned from my dad, a truck driver who swore by it when washing the windows on his rig.

Again, always be safe. Be sure to spray away from you and to keep it away from small hands.

Checklist and Instructions

...below you will find excerpts from the Spring Cleaning Tips ebook to give you some quick ideas. Check the book for more indepth reading.

Make sure that everything that is on the nightstand is necessary. Get rid of excessive piles of books and only keep the ones that are being currently read on

the table. Wipe down any pictures, knickknacks, and table lamps and dust the nightstand well. Dust and wipe down any other furniture and decorative items in the room, as well.

Next move on to the dresser, sorting through the clothing there in the same fashion. Wipe out the drawers before putting all the "keepers" away. De-clutter the top of the dresser, as well.

Throw out old toiletries and perfumes that might be wasting the space.

Bedroom

- Neaten Dresser and Night Stand
- Wipe Down Walls
- Clean Windows
- Dust Knickknacks, Tables, and Dresser
- _____
- _____
- _____

Today's Assignment

Deep Clean Surfaces

Today is going to be intense. You may have a few minutes tomorrow if you can't finish it all.

You will have gotten rid of a lot of clutter yesterday, so cleaning your surfaces shouldn't be too hard.

Circle around your room – remove items from one surface at a time – wipe with a damp rag and your favourite environmentally friendly cleaner, items and the surface that you are working on.

If you have any table cloths etc, put them aside to wash tomorrow with your bedding and curtains – that's tomorrow's task.

Spray and wipe door handles, light fixtures, mirrors, windows etc.

Remember, we are looking for progress, not perfection.

Looking forward to seeing you tomorrow, let's take another step up!

It's Your Day To Shine!

*Jan
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Coming Up Next ...

Watch your email tomorrow for the link to Week One – Day 3 in the bedroom – Washing Linens etc.

Previous Lessons information goes here –

Orientation ... [Click Here](#) to access.

Week 1 Day #1 ... [Click Here](#) to access.