



www.itsyourdaytoshine.com

WEEK1	BEDROOM	✓	NOTES
Day 1	Declutter		
Day 2	Deep Clean Surfaces		
Day 3	Wash Linens, etc.		
Day 4	Clean Floors		
Day 5	Shelves Cupboards		
WEEK2	LIVING ROOM		
Day 1	Declutter		
Day 2	Deep Clean Surfaces		
Day 3	Wash Linens, etc		
Day 4	Clean Floors		
Day 5	Shelves, Cupboards		
WEEK3	BATHROOM		
Day 1	Declutter		
Day 2	Deep Clean Surfaces		
Day 3	Wash Linens, etc.		
Day 4	Clean Floors		
Day 5	Shelves, Cupboards		
WEEK4	KITCHEN		
Day 1	Declutter		
Day 2	Deep Clean Surfaces		
Day 3	Wash Linens, etc.		
Day 4	Clean Floors		
Day 5	Shelves		
WEEK5	KITCHEN - CUPBOARDS		
Day1	Declutter/Clean Surfaces/Wash items		
Day2	Declutter/Clean Surfaces/Wash items		
Day3	Declutter/Clean Surfaces/Wash items		
Day4	Declutter/Clean Surfaces/Wash items		
Day5	Declutter/Clean Surfaces/Wash items		
WEEK6	PULL IT TOGETHER		
Day1	Declutter		
Day2	Deep Clean Surfaces		
Day3	Wash Linens, etc.		
Day4	Clean Floors		
Day5	Shelves, Cupboards		