

Welcome to the Spring Into Spring Challenge!

Week Two – Day Two Livingroom Surfaces

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Week Two – Day 2 Livingroom Surfaces

GOOD MORNING!

Are you raring to go? In 20 minutes, you are going to be a huge step closer to creating an oasis in your home. Get ready, peace and tranquility, here we come!

DO AHEAD

Get your cleaning caddy and be sure that it includes a duster (feather dusters are ideal, if you don't have one, be sure that you have a dust rag and/or microfibre cloth) and what ever you use for furniture and surface cleaner.

I dust my furniture with a very slightly damp cloth, you may want to be sure that is safe for your furniture, and I wash surfaces including mirrors and windows with a spray bottle containing water and a few drops of a pure essential oil – what ever I am in the mood for.

If you work with essential oils be sure to follow the same safety rules as you would with any cleaner or chemical in your home – keep them well away from children, some can be irritating and damaging, a few can be deadly.

A NOTE ON CLEANING WINDOWS AND MIRRORS WITH AN ESSENTIAL OIL SOLUTION – I do mine by washing first with a rag and plain water, or soap and water. I then wipe with old newspaper, the newsprint is messy on the hands, but it gives a good shine. It's a trick that I learned from my dad, a truck driver who swore by it when washing the windows on his rig.

Again, always be safe. Be sure to spray away from you and to keep it away from small hands.

Checklist and Instructions

...below you will find excerpts from the Spring Cleaning Tips ebook to give you some quick ideas. Check the book for more indepth reading.

You want to start from the top and dust the corners of the rooms and the ceiling. Check the walls and baseboards and wipe them down or spot clean, as necessary. Don't forget to get the fingerprints off the switch plates, door, and doorknobs.

Next, clean the ceiling fan and the covers to any overhead lights. You might be surprised at the piles of dust on your fan blade tops and the collection of dead bugs in your light shades. While you have the stepstool, clean any air vents that are up on the wall and take down the curtains or window treatments and clean them.

Clean your windows, inside and out, making sure to rinse the screens. You can use a vacuum with a small attachment to get the dirt and dust out of the crevices of the windowsill. Leave the windows open and let the fresh air be your motivator.

Livingroom

- Wipe Walls and Ceiling
- Clean Fans and Vents
- Clean Windows and Screens
- Wipe light switches, phones, doorknobs.

Today's Assignment

Deep Clean Surfaces

Today is going to be intense. You may have a few minutes tomorrow if you can't finish it all.

You will have gotten rid of a lot of clutter yesterday, so cleaning your surfaces shouldn't be too hard.

Circle around your room – remove items from one surface at a time – wipe with a damp rag and your favourite environmentally friendly cleaner, items and the surface that you are working on.

Spray and wipe door handles, light fixtures, mirrors, windows etc.

Remember, we are looking for progress, not perfection.

Looking forward to seeing you tomorrow, let's take another step up!

It's Your Day To Shine!

*Jan
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<http://www.itsyourdaytoshine.com>

Coming Up Next ...

Watch your email tomorrow for the link to Week Two – Day 3 in the Livingroom – Washing Linens etc.

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