

Welcome to the Spring Into Spring Challenge!

Week Two – Day Four Livingroom Floors

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Week Two – Day 4 Floors

GOOD MORNING!

Are you raring to go? In 20 minutes, you are going to be a huge step closer to creating an oasis in your home. Get ready, peace and tranquility, here we come!

DO AHEAD

Do ahead – get vacuum cleaner or broom ready and pail/mop if you don't have carpet – carpet or steam cleaner if you do.

IF YOU DON'T WANT TO DEEP CLEAN CARPETS – You can make your own carpet freshener using essential oils and baking soda.

Put some baking soda into a plastic container with a lid. Be sure that it isn't one that you will be using for food because you can keep it and use it again to refresh your carpets quickly anytime you like.

Just sprinkle in a few drops of the essential oil of your choice – citrus fruits are always nice and fresh. You can even play with the scent and blend a few different ones, it's fun. You can adjust to your mood!

Shake the container to disperse the essential oils into the baking soda.

Sprinkle lightly and as evenly as possible to get the complete carpet. Leave on for about 15 minutes. Close off the room, especially if you have kids or pets who will be crawling on the carpet. Vacuum.

Depending on what you have for carpet, you may want to do a test spot first.

Checklist and Instructions

...below you will find excerpts from the Spring Cleaning Tips ebook to give you some quick ideas. Check the book for more in depth reading.

Grab all of the floor mats and throw rugs and clean them thoroughly. Shake them out, rinse them off, or launder them, as necessary. Consider having larger, more delicate area rugs cleaned by a professional.

If your room is carpeted, vacuum the room thoroughly, moving the furniture to get under and behind everything. If your carpet is in really bad shape, buy or rent a steam cleaner and get the ground in dirt cleaned out of the carpet.

If you have hardwood or tile, sweep up the loose dirt or use a vacuum on the bare floors setting, moving the furniture as you go. Mop or polish the floor with an appropriate cleaning solution and let it dry or wipe it down with a towel.

Once the floor has completely dried, you can put the couches back together

Floors

___ Vacuum Carpets, Sweep Hardwood

___ Steam Rugs, Mop Floors

___ _____

___ _____

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Today's Assignment

Livingroom Floors

It's easy. Get any big stuff off the floor – garbage in the garbage etc.

Vaccuum, then mop, clean or refresh. It may be good to split your time to be sure that you have enough left the cleaning or washing part.

If you have stuff under your couch and furniture it will take longer, another plus to be being diligent in the declutter segment.

Remember, we are looking for progress, not perfection.

Looking forward to seeing you tomorrow, let's take another step up!

It's Your Day To Shine!

*Jan
Ferrante*

Jan Ferrante

<http://www.itsyourdaytoshine.com>

Coming Up Next ...

Watch your email tomorrow for the link to Week Two – Day 5 in the Livingroom – Shelves and Closets.

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