

# **Welcome to the Spring Into Spring Challenge!**

## **Week Three – Day 5 Bathroom Shelves and Closets**

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## Week Three – Day 5 Shelves and Closets

### GOOD MORNING!

Are you raring to go? In 20 minutes, you are going to be a huge step closer to creating an oasis in your home. Get ready, peace and tranquility, here we come!

### DO AHEAD

You will want to get out your decluttering boxes again for this job, there are bound to be items that you want to get rid of – make a point of it!

You may also want to get a box or basket for sorting through later, I found a bunch of things that I need to go through.

If you can contain it and place it somewhere that you can sort at your leisure, all the better. I put mine out on our covered porch. I like to sit there so it will be a great time to do it.

Also, you may want to bring a basket or box for sorting to other rooms. You may find things that are supposed to be in another room.

**AND a warning...** be prepared to find things that distract you – pictures, letters, memorabilia... Put these to the side to look at after your 20 minutes are up. Grab a drink (of water preferably), have a seat and enjoy them at this time.

### Checklist and Instructions

...below you will find excerpts from the Spring Cleaning Tips ebook to give you some quick ideas. Check the book for more in depth reading.

Use the top down approach, once again, and take everything off the shelves, if there are any. Sort through the pile of things from the shelf and decide what you need, what you want, and what can be thrown or given away. If you find something that you forgot you had and have no use for, throw it out. Dust the corners of the closet walls and wipe down the shelf before replacing the items.

Next, grab a box and put everything from the medicine cabinet, counter top, and under the sink into it, besides towels and washcloths. Wipe down the counters and insides of the medicine cabinet and cabinet under the sink. Don't forget the top of the medicine cabinet, as well.

Look at your collection of creams, lotions, soaps, perfumes, and other toiletries, as well. If they are half gone and rarely used, losing their scent, or have changed texture, it is time to throw them away. Even things that are unopened that won't be used should be given away or thrown in the trash. Once everything is sorted through and cleaned out, it can be put back in the cabinet, where it belongs.

Take the box or boxes with all of the medicines and toiletries and begin sorting through things. Grab a notebook to make a list of anything that needs replacing in the medicine cabinet.

### **Bathroom – Shelves & Closets**

- Clean Out Toiletries
- Clean any shelves or storage cupboards
- Reorganize Cabinets

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## **Today's Assignment**

## **Closets, Shelves, Storage/Drawers**

How deep you go will depend on how big your closet is and how many shelves you have.

Empty, toss, wipe/sort items, vacuum/dust/wipe shelf or closet floor, put the items you treasure back.

Choose the areas that you have neglected the most and that have been nagging you the longest first.

You can work on them in your free for all day tomorrow as well.

Remember, we are looking for progress, not perfection.

Looking forward to seeing you tomorrow, let's take another step up!

*It's Your Day To Shine!*

*Jan  
Ferrante*

Jan Ferrante

<http://www.itsyourdaytoshine.com>

### **Coming Up Next ...**

Watch your email tomorrow for the link to Week Three – Day 6 in the bathroom – Catching Up.

**Previous Lessons information goes here –**

Orientation ... [Click Here](#) to access.

Week 1 Day #1 ... [Click Here](#) to access.

Week 1 Day #2 ... [Click Here](#) to access.

Week 1 Day #3 ... [Click Here](#) to access.

Week 1 Day #4 ... [Click Here](#) to access.

Week 1 Day #5 ... [Click Here](#) to access.

Week 1 Day #6... [Click Here](#) to access.

Week 2 Day #1 ... [Click Here](#) to access.

Week 2 Day #2 ... [Click Here](#) to access.

Week 2 day #3 ... [Click Here](#) to access.

Week 2 Day #4 ... [Click Here](#) to access.

Week 2 Day #5 ... [Click Here](#) to access.

Week 2 Day #6 ... [Click Here](#) to access.

Week 3 Day #1 ... [Click Here](#) to access.

Week 3 Day #2 ... [Click Here](#) to access.

Week 3 day #3 ... [Click Here](#) to access.

Week 3 Day #4 ... [Click Here](#) to access.

Week 3 Day #5 ... [Click Here](#) to access.

## ADDITIONAL RESOURCES FOR MOM

## **Queen of KAOS at Home**

The ebook that started it all! One day I was running around the house, late and disorganized as usual and declared – I am the Queen of KAOS! That day I decided to do something about it. I was so happy with my system that I had to share. The rest is history.

[The Queen of KAOS at Home](#) – you can get it together and retain semi-sanity while you do it! by Jan Ferrante

## **More Mom eBooks**

Being a mom doesn't come with a manual, but now you can collect your own library of Mom eBooks designed to help you get it all together and enjoy being a mom.

[Mom eBooks](#)

## **GET IT DONE ACTION and SUPPORT**

### **TAKE 5**

Get a new 5 minute task sent to your email every day. Less stress and less mess 5 minutes at a time.

[TAKE 5](#)

### **Saturday is Declutter Day Reminder**

Choose your own day if you'd like. Weekly reminder to declutter something. Anything! You will see a big improvement around your house and have more sanity in no time.

[Declutter Day Reminder](#)

## **RESOURCES**

### **Declutter Fast**

This is the book that inspired me to have a Declutter Day. It is a simple system that make decluttering fun and effective with lots of tips and tricks to be more organized around the house and how to keep it that way. One of my all time favourites.

[Declutter Fast](#)

### **Confessions of a Clean Freak**

Ever wanted to be a fly on the wall at a "clean freak's" house. They always make it look so easy. This ebook is written by Carol Pagan, who tells us all of her secrets. Another favourite of mine, as is all of her ebooks and courses.

[Confessions of a Clean Freak](#)

### **Whole Life Overhaul**

Excellent course by Carol Pagan designed to help you to improve your life one day at a time. I've taken it and LOVED it. Highly recommended if you are looking for a little positive direction in your life.

[Whole Life Overhaul](#)

### **Make It Fun!**

If you are wondering what you can do with your kids, here's your answer. A new guide for every month of the year with a quality time activity for every day.

Written by our own Lisa Marie Fletcher, E.C.E.

[Make It Fun!](#)

### **Fit Yummy Mummy**

If you are looking for the best program to lose weight and get back into shape, you need to check out Fit Yummy Mummy. I have been on the program and have done very well. I lost weight and inches, have gotten stronger, healthier and have more energy. Good bye jelly belly!

[Fit Yummy Mummy](#)

### **FREE ECOURSES**

[Free Ecourses Directory](#)

Current listing with new course updates coming...

- Frugal Living
- Creating a Budget
- Meal Planning
- Spring Cleaning
- Make It Fun – 1 Week Free Quality Time Activities

### **COMPLETE RESOURCE LISTING**

**[Queen of KAOS Directory](#)**



