

Welcome to the Spring Into Spring Challenge!

**Week Six – Day One to Six
Catch Up!**

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Week Six – Catch Up

GOOD MORNING!

Are you raring to go? Using your 20 minute time pocket over the coming week, you are going to catch up on any of the things that are still nagging you.

You can also use this week to take things one step further and BEAUTIFY!

Now that the junk is out of the way and everything is shined up and clean, adding a little colour and character to your home will really take it to the next level.

You deserve it!

Just remember, don't go overboard for two reasons.

1. You don't want to overspend and have THAT pressure on you.
2. You don't want to clutter things up and make it hard to maintain.

Keep it simple.

I don't have any checklists or outlines. This is the week to use your time to do what ever you feel you need to do.

DO AHEAD

Go through your home with a fresh eye and make a list of anything that is outstanding that you'd like to take care of this week.

If you'd like to keep the momentum going, put anything on your list that is even bigger picture such as painting and home improvement projects or rooms that you didn't tackle during the challenge and continue with your habit of spending 20 minutes a day focusing on creating a beautiful home inside of your house.

Today's Assignment

TAKE 20 MINUTES

Even if you don't think that you have anything to catch up on, go through and take it to the next level. You will be surprised.

I hope that you have enjoyed and gotten as much benefit from doing the Spring Into Spring Challenge as I have.

If it's taken you longer than 5 weeks to get here, don't sweat it – you're here now!

Remember, slow and steady wins the race.

I hope that you will continue to keep up the good work. I am finding that using my BOOST Circuit is helping me to feel good by keeping things nice since it seems to take so little to mess it all up again!

You can get more details on that here.

[BOOST Circuit – Customizable Daily Housework Plan](#)

Don't forget, the [iShine Community](#) is always open. Be sure to come by for inspiration, information and support any time!

It's Your Day To Shine!

*Jan
Ferrante*

Jan Ferrante

<http://www.itsyourdaytoshine.com>

Coming Up Next ...

The rest of your life! Be sure to enjoy all of the benefits of your hard work over the past weeks and keep it up. It only takes a few minutes every day to continue moving in the right direction.

Previous

Orientation ... [Click Here](#) to access.

Week 1 Day #1 ... [Click Here](#) to access.

Week 1 Day #2 ... [Click Here](#) to access.

Week 1 Day #3 ... [Click Here](#) to access.

Week 1 Day #4 ... [Click Here](#) to access.

Week 1 Day #5 ... [Click Here](#) to access.

Week 1 Day #6... [Click Here](#) to access.

Week 2 Day #1 ... [Click Here](#) to access.

Week 2 Day #2 ... [Click Here](#) to access.

Week 2 day #3 ... [Click Here](#) to access.

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Week 3 Day #1 ... [Click Here](#) to access.

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Week 3 Day #4 ... [Click Here](#) to access.

Week 3 Day #5 ... [Click Here](#) to access.

Week 3 Day #6 ... [Click Here](#) to access.

Week 4 Day #1 ... [Click Here](#) to access.

Week 4 Day #2 ... [Click Here](#) to access.

Week 4 day #3 ... [Click Here](#) to access.

Week 4 Day #4 ... [Click Here](#) to access.

Week 4 Day #5 ... [Click Here](#) to access.

Week 4 Day #6 ... [Click Here](#) to access.

Week 5 Day #1-#6 ... [Click Here](#) to access.

ADDITIONAL RESOURCES FOR MOM

Queen of KAOS at Home

The ebook that started it all! One day I was running around the house, late and disorganized as usual and declaired – I am the Queen of KAOS! That day I decided to do something about it. I was so happy with my system that I had to share. The rest is history.

[The Queen of KAOS at Home](#) – you can get it together and retain semi-sanity while you do it! by Jan Ferrante

More Mom eBooks

Being a mom doesn't come with a manual, but now you can collect your own library of Mom eBooks designed to help you get it all together and enjoy being a mom.

[Mom eBooks](#)

GET IT DONE ACTION and SUPPORT

TAKE 5

Get a new 5 minute task sent to your email every day. Less stress and less mess 5 minutes at a time.

[TAKE 5](#)

Saturday is Declutter Day Reminder

Choose your own day if you'd like. Weekly reminder to declutter something. Anything! You will see a big improvement around your house and have more sanity in no time.

[Declutter Day Reminder](#)

RESOURCES

Declutter Fast

This is the book that inspired me to have a Declutter Day. It is a simple system that make decluttering fun and effective with lots of tips and tricks to be more organized around the house and how to keep it that way. One of my all time favourites.

[Declutter Fast](#)

Confessions of a Clean Freak

Ever wanted to be a fly on the wall at a "clean freak's" house. They always make it look so easy. This ebook is written by Carol Pagan, who tells us all of her secrets. Another favourite of mine, as is all of her ebooks and courses.

[Confessions of a Clean Freak](#)

Whole Life Overhaul

Excellent course by Carol Pagan designed to help you to improve your life one day at a time. I've taken it and LOVED it. Highly recommended if you are looking for a little positive direction in your life.

[Whole Life Overhaul](#)

Make It Fun!

If you are wondering what you can do with your kids, here's your answer. A new guide for every month of the year with a quality time activity for every day. Written by our own Lisa Marie Fletcher, E.C.E.

[Make It Fun!](#)

Fit Yummy Mummy

If you are looking for the best program to lose weight and get back into shape, you need to check out Fit Yummy Mummy. I have been on the program and have done very well. I lost weight and inches, have gotten stronger, healthier and have more energy. Good bye jelly belly!

[Fit Yummy Mummy](#)

FREE ECOURSES

[Free Ecourses Directory](#)

Current listing with new course updates coming...

- Frugal Living
- Creating a Budget
- Meal Planning
- Spring Cleaning
- Make It Fun – 1 Week Free Quality Time Activities

COMPLETE RESOURCE LISTING

[Queen of KAOS Directory](#)