

Welcome to the Spring Into Spring Challenge!

Week One – Day Three Bedroom Linens

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Week One – Day 3 Bedroom Linens

GOOD MORNING!

Are you raring to go? In 20 minutes, you are going to be a huge step closer to creating an oasis in your home. Get ready, peace and tranquility, here we come!

DO AHEAD

Be sure that your washing machine is cleared of any load that you may have in it. Be sure that you have laundry detergent and anything that you may need to wash your linens, or what ever you use if you are hand washing anything.

DON'T FORGET IT'S SPRING! THE PERFECT TIME TO HANG IT UP AND SAVE SOME \$\$ ON ELECTRICITY – If you can hang up your clothes where you live, be sure to have your clothes pegs and line ready to go!

If you can't due to IMHO one of the most ridiculous and environmentally harmful bylaws to be found, do you have any indoor options?

In the winter here, I hang a load over my chairs and doors etc, anything that will hold laundry when I go to bed at night, take it down and finish it off for about 10 minutes (helps to remove the pet hair as well from our varmints – I'm sure that they'd be insulted to hear me talk about them that way.) This saves us a huge amount of money on our hydro bill.

When it gets warmer but too snowy to make it to the clothesline, I use a drying wrack in our front porch.

Have a look around and see what you can do to hang your clothes, regardless of superficial laws.

Checklist and Instructions

...below you will find excerpts from the Spring Cleaning Tips ebook to give you some quick ideas. Check the book for more in depth reading.

When you start spring cleaning a bedroom, the first thing you want to do is to clean out, before you start to clean up. Strip the beds and wash the pillows or hang them outside to air.

Vacuum the mattress and turn it, if necessary. If it smells a bit stale, try using a fabric refresher spray and airing it out for a while. (my note: essential oils with water in a fine spray bottle works wonderfully for this. So do in pillow sachets and potpourri. Again, only use if safe to do so – check into allergies and keep away from small hands – and mouths etc!)

Put fresh sheets, pillowcases, and blankets on your bed or better yet, buy a brand new set to liven up the nice clean room.

Bedroom - Linens

- Clean and Turn Mattress
- Wash bedding, curtains, doilies, throw blankets, rugs etc.
- Have a nap in your fresh bedding.

Today's Assignment

Wash Those Linens

Put your bedding and other linens (if they can go in the same load) in the wash and/or handwash the delicates.

You will probably want to break today's time pocket into 2 sessions, one to remove and wash and one to dry and replace.

If you have extra time, do any windows or mirrors that you didn't get finished yesterday.

Spray and wipe door handles, light fixtures, mirrors, windows etc.

Remember, we are looking for progress, not perfection.

Looking forward to seeing you tomorrow, let's take another step up!

It's Your Day To Shine!

*Jan
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Coming Up Next ...

Watch your email tomorrow for the link to Week One – Day 4 in the bedroom – Floors.

Previous Lessons information goes here –

Orientation ... [Click Here](#) to access.

Week 1 Day #1 ... [Click Here](#) to access.

Week 1 Day #2 ... [Click Here](#) to access.