

Welcome to the Spring Into Spring Challenge!

Week One – Day 5 Bedroom Shelves and Closets

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Week One – Day 5 Shelves and Closets

GOOD MORNING!

Are you raring to go? In 20 minutes, you are going to be a huge step closer to creating an oasis in your home. Get ready, peace and tranquility, here we come!

DO AHEAD

You will want to get out your decluttering boxes again for this job, there are bound to be items that you want to get rid of – make a point of it!

You may also want to get a box or basket for sorting through later, I found a bunch of things that I need to go through.

If you can contain it and place it somewhere that you can sort at your leisure, all the better. I put mine out on our covered porch. I like to sit there so it will be a great time to do it.

Also, you may want to bring a basket or box for sorting to other rooms. You may find things that are supposed to be in another room.

AND a warning... be prepared to find things that distract you – pictures, letters, memorabilia... Put these to the side to look at after your 20 minutes are up. Grab a drink (of water preferably), have a seat and enjoy them at this time.

Checklist and Instructions

...below you will find excerpts from the Spring Cleaning Tips ebook to give you some quick ideas. Check the book for more in depth reading.

Use the top down approach, once again, and take everything off the shelves, if there are any. Sort through the pile of things from the shelf and decide what you need, what you want, and what can be thrown or given away. If you find something that you forgot you had and have no use for, throw it out. Dust the corners of the closet walls and wipe down the shelf before replacing the items.

Move down to the hanging items next. Take everything out and wipe off the hang bar. Now go through the pile of clothes, being blatantly honest with yourself. If it doesn't fit, is hopelessly out of style, or is in need of repair that will never happen, throw it out or put it in a bag to be given to charity. Though we should all keep a pair or two pants for less-than-slender days, the jeans that were super-snug in high school are never going to go over those hips that bore three children, ever again.

While you are going through the hanging clothes, check your hangers to see if any need replacing. You can buy new ones very cheaply, or recycle those that are on the items you are getting rid of. If you find that your closet is still stuffed full, even after weeding out the old things, try adding a bar beneath one half and hanging tops on the upper bar and skirts and folded pants below.

Finish up the closet by removing everything from the floor and vacuuming thoroughly. Dust the corners and wipe down the walls if needed. Sort through the items here with the same technique of throwing out the old, unnecessary items and only keeping what you need and really want.

Bedroom - Linens

- Clean Out Closet
- Clean any shelves or storage cupboards
- Do dresser drawers if finished, especially junk drawers.

Today's Assignment

Closets, Shelves, Storage/Drawers

How deep you go will depend on how big your closet is and how many shelves you have.

Empty, toss, wipe/sort items, vacuum/dust/wipe shelf or closet floor, put the items you treasure back.

Choose the areas that you have neglected the most and that have been nagging you the longest first.

You can work on them in your free for all day tomorrow as well.

Remember, we are looking for progress, not perfection.

Looking forward to seeing you tomorrow, let's take another step up!

It's Your Day To Shine!

*Jan
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Coming Up Next ...

Watch your email tomorrow for the link to Week One – Day 6 in the bedroom – Catch Up!

Previous Lessons information goes here –

Orientation ... [Click Here](#) to access.

Week 1 Day #1 ... [Click Here](#) to access.

Week 1 Day #2 ... [Click Here](#) to access.

Week 1 Day #3 ... [Click Here](#) to access.

Week 1 Day #4 ... [Click Here](#) to access.