Welcome to the Spring Into Spring Challenge!

Week Four – Day Three Kitchen Linens

Jan Ferrante Step Up Productions

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Week Four – Day 3 Kitchen Linens

GOOD MORNING!

Are you raring to go? In 20 minutes, you are going to be a huge step closer to creating an oasis in your home. Get ready, peace and tranquility, here we come!

DO AHEAD

Be sure that your washing machine is cleared of any load that you may have in it. Be sure that you have laundry detergent and anything that you may need to wash your linens, or what ever you use if you are hand washing anything.

DON'T FORGET IT'S SPRING! THE PERFECT TIME TO HANG IT UP AND SAVE SOME \$\$ ON ELECTRICITY – If you can hang up your clothes where you live, be sure to have your clothes pegs and line ready to go!

If you can't due to IMHO one of the most ridiculous and environmentally harmful bylaws to be found, do you have any indoor options?

In the winter here, I hang a load over my chairs and doors etc, anything that will hold laundry when I go to bed at night, take it down and finish it off for about 10 minutes (helps to remove the pet hair as well from our varmints – I'm sure that they'd be insulted to hear me talk about them that way.) This saves us a huge amount of money on our hydro bill.

When it gets warmer but too snowy to make it to the clothesline, I use a drying wrack in our front porch.

Have a look around and see what you can do to hang your clothes, regardless of superficial laws.

Checklist and Instructions

...below you will find excerpts from the Spring Cleaning Tips ebook to give you some quick ideas. Check the book for more in depth reading.

Designate a closet, cupboard, or shelf for your towels, facecloths, bath mats, etc. Round them all up, wash and fold a load, and place put them in their designated spot.

Think about investing in a couple of hooks or towel bars if needed. It will save you finding towels strewn over the side of the tub to dry, as they can start to smell funky, as well as quickly cluttering the room up!

Keep up on the laundry to avoid hamper overflow. The reality is, if there is no room in the hamper, the linens will find themselves on the floor. If the laundry is kept current, the hamper will have plenty of room for dirty linens.

| Kitchen | <u>- Linens</u> |
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| Designate one spot for all of your kitchen linens. |
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| Wash, fold, and put away a fresh load. |
| Mount hooks or towel bars if necessary to hang linens. |
| Go all-out and wash oven mitts, potholders, and placemats too. |
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Today's Assignment

Wash Those Linens

Put your towels and other linens (if they can go in the same load) in the wash and/or handwash the delicates.

You will probably want to break today's time pocket into 2 sessions, one to remove and wash and one to dry and replace.

If you have extra time, do any windows or mirrors that you didn't get finished yesterday.

Spray and wipe door handles, light fixtures, mirrors, windows etc.

Remember, we are looking for progress, not perfection.

Looking forward to seeing you tomorrow, let's take another step up!



Jan Ferrante

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Coming Up Next ...

Watch your email tomorrow for the link to Week Four – Day 4 in the kitchen – Washing floors.

<u>Previous Lessons information goes here</u> –

Orientation ... <u>Click Here</u> to access.

Week 1 Day #1 ... Click Here to access.

Week 1 Day #2 ... <u>Click Here</u> to access.

Week 1 Day #3 ... Click Here to access.

Week 1 Day #4 ... Click Here to access.

Week 1 Day #5 ... Click Here to access.

Week 1 Day #6... Click Here to access.

Week 2 Day #1 ... Click Here to access.

Week 2 Day #2 ... Click Here to access.

Week 2 day #3 ... Click Here to access.

Week 2 Day #4 ... Click Here to access.

Week 2 Day #5 ... Click Here to access.

Week 2 Day #6 ... Click Here to access.

Week 3 Day #1 ... Click Here to access.

Week 3 Day #2 ... Click Here to access.

Week 3 day #3 ... Click Here to access.

Week 3 Day #4 ... Click Here to access.

Week 3 Day #5 ... Click Here to access.

Week 3 Day #6 ... Click Here to access.

Week 4 Day #1 ... Click Here to access.

Week 4 Day #2 ... Click Here to access.

ADDITIONAL RESOURCES FOR MOM

Queen of KAOS at Home

The ebook that started it all! One day I was running around the house, late and disorganized as usual and declaired – I am the Queen of KAOS! That day I decided to do something about it. I was so happy with my system that I had to share. The rest is history.

<u>The Queen of KAOS at Home</u> – you can get it together and retain semi-sanity while you do it! by Jan Ferrante

More Mom eBooks

Being a mom doesn't come with a manual, but now you can collect your own library of Mom eBooks designed to help you get it all together and enjoy being a mom.

Mom eBooks

GET IT DONE ACTION and SUPPORT

TAKE 5

Get a new 5 minute task sent to your email every day. Less stress and less mess 5 minutes at a time.

TAKE 5

Saturday is Declutter Day Reminder

Choose your own day if you'd like. Weekly reminder to declutter something. Anything! You will see a big improvement around your house and have more sanity in no time.

Declutter Day Reminder

RESOURCES

Declutter Fast

This is the book that inspired me to have a Declutter Day. It is a simple system that make decluttering fun and effective with lots of tips and tricks to be more organized around the house and how to keep it that way. One of my all time favourites.

Declutter Fast

Confessions of a Clean Freak

Ever wanted to be a fly on the wall at a "clean freak's" house. They always make it look so easy. This ebook is written by Carol Pagan, who tells us all of her secrets. Another favourite of mine, as is all of her ebooks and courses.

Confessions of a Clean Freak

Whole Life Overhaul

Excellent course by Carol Pagan designed to help you to improve your life one day at a time. I've taken it and LOVED it. Highly recommended if you are looking for a little positive direction in your life.

Whole Life Overhaul

Make It Fun!

If you are wondering what you can do with your kids, here's your answer. A new guide for every month of the year with a quality time activity for every day. Written by our own Lisa Marie Fletcher, E.C.E.

Make It Fun!

Fit Yummy Mummy

If you are looking for the best program to lose weight and get back into shape, you need to check out Fit Yummy Mummy. I have been on the program and have done very well. I lost weight and inches, have gotten stronger, healthier and have more energy. Good bye jelly belly!

Fit Yummy Mummy

FREE ECOURSES

Free Ecourses Directory

Current listing with new course updates coming...

- Frugal Living
- Creating a Budget
- Meal Planning
- Spring Cleaning
- Make It Fun 1 Week Free Quality Time Activities

COMPLETE RESOURCE LISTING

Queen of KAOS Directory



Spring Into Spring Challenge - Orientation: "It's Your Day to Shine"