

# Welcome to the Spring Into Spring Challenge!

## Week Five – Day Three Kitchen Linen Cupboards

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<http://www.itsyourdaytoshine.com/>



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# Week Five – Day 3 Kitchen Linen Cupboards

## **GOOD MORNING!**

Are you raring to go? In 20 minutes, you are going to be a huge step closer to creating an oasis in your home. Get ready, peace and tranquility, here we come!

## **DO AHEAD**

Be sure that your washing machine is cleared of any load that you may have in it. Be sure that you have laundry detergent and anything that you may need to wash your linens, or what ever you use if you are hand washing anything.

**DON'T FORGET IT'S SPRING! THE PERFECT TIME TO HANG IT UP AND SAVE SOME \$\$ ON ELECTRICITY** – If you can hang up your clothes where you live, be sure to have your clothes pegs and line ready to go!

If you can't due to IMHO one of the most ridiculous and environmentally harmful bylaws to be found, do you have any indoor options?

In the winter here, I hang a load over my chairs and doors etc, anything that will hold laundry when I go to bed at night, take it down and finish it off for about 10 minutes (helps to remove the pet hair as well from our varmints – I'm sure that they'd be insulted to hear me talk about them that way.) This saves us a huge amount of money on our hydro bill.

When it gets warmer but too snowy to make it to the clothesline, I use a drying wrack in our front porch.

Have a look around and see what you can do to hang your clothes, regardless of superficial laws.

## **Checklist and Instructions**

...below you will find excerpts from the Spring Cleaning Tips ebook to give you some quick ideas. Check the book for more in depth reading.

Designate a closet, cupboard, or shelf for your towels, facecloths, bath mats, etc. Round them all up, wash and fold a load, and place put them in their designated spot.

Keep up on the laundry to avoid hamper overflow. The reality is, if there is no room in the hamper, the linens will find themselves on the floor. If the laundry is kept current, the hamper will have plenty of room for dirty linens.

### **Kitchen - Linens**

- \_\_\_ Designate one spot for all of your kitchen linens.
- \_\_\_ Wash, fold, and put away a fresh load.
- \_\_\_ Go all-out and wash oven mitts, potholders, and placemats too.
- \_\_\_ Mount hooks or towel bars if necessary to hang towels and cloths.

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## **Today's Assignment**

### **Wash Those Linens**

Put your towels and other linens (if they can go in the same load) in the wash and/or handwash the delicates.

You will probably want to break today's time pocket into 2 sessions, one to remove and wash and one to dry and replace.

If you have extra time, do any windows or mirrors that you didn't get finished yesterday.

Spray and wipe door handles, light fixtures, mirrors, windows etc.

Remember, we are looking for progress, not perfection.

Looking forward to seeing you tomorrow, let's take another step up!

*It's Your Day To Shine!*

*Jan  
Ferrante*

Jan Ferrante

<http://www.itsyourdaytoshine.com>

**Coming Up Next ...**

Watch your email tomorrow for the link to Week Five – Day 4 in the kitchen cupboards – Washing floors.

**Previous Lessons information goes here –**

**Orientation ... [Click Here](#) to access.**

**Week 1 Day #1 ... [Click Here](#) to access.**

**Week 1 Day #2 ... [Click Here](#) to access.**

**Week 1 Day #3 ... [Click Here](#) to access.**

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**Week 4 Day #6 ... [Click Here](#) to access.**

**Week 5 Day #1 ... [Click Here](#) to access.**

**Week 5 Day #2 ... [Click Here](#) to access.**

## **ADDITIONAL RESOURCES FOR MOM**

### **Queen of KAOS at Home**

The ebook that started it all! One day I was running around the house, late and disorganized as usual and declared – I am the Queen of KAOS! That day I decided to do something about it. I was so happy with my system that I had to share. The rest is history.

[The Queen of KAOS at Home](#) – you can get it together and retain semi-sanity while you do it! by Jan Ferrante

### **More Mom eBooks**

Being a mom doesn't come with a manual, but now you can collect your own library of Mom eBooks designed to help you get it all together and enjoy being a mom.

[Mom eBooks](#)

## **GET IT DONE ACTION and SUPPORT**

### **TAKE 5**

Get a new 5 minute task sent to your email every day. Less stress and less mess 5 minutes at a time.

[TAKE 5](#)

### **Saturday is Declutter Day Reminder**

Choose your own day if you'd like. Weekly reminder to declutter something. Anything! You will see a big improvement around your house and have more sanity in no time.

[Declutter Day Reminder](#)

## **RESOURCES**

### **Declutter Fast**

This is the book that inspired me to have a Declutter Day. It is a simple system that make decluttering fun and effective with lots of tips and tricks to be more

organized around the house and how to keep it that way. One of my all time favourites.

[Declutter Fast](#)

### **Confessions of a Clean Freak**

Ever wanted to be a fly on the wall at a "clean freak's" house. They always make it look so easy. This ebook is written by Carol Pagan, who tells us all of her secrets. Another favourite of mine, as is all of her ebooks and courses.

[Confessions of a Clean Freak](#)

### **Whole Life Overhaul**

Excellent course by Carol Pagan designed to help you to improve your life one day at a time. I've taken it and LOVED it. Highly recommended if you are looking for a little positive direction in your life.

[Whole Life Overhaul](#)

### **Make It Fun!**

If you are wondering what you can do with your kids, here's your answer. A new guide for every month of the year with a quality time activity for every day.

Written by our own Lisa Marie Fletcher, E.C.E.

[Make It Fun!](#)

### **Fit Yummy Mummy**

If you are looking for the best program to lose weight and get back into shape, you need to check out Fit Yummy Mummy. I have been on the program and have done very well. I lost weight and inches, have gotten stronger, healthier and have more energy. Good bye jelly belly!

[Fit Yummy Mummy](#)

### **FREE ECOURSES**

[Free Ecourses Directory](#)

Current listing with new course updates coming...

- Frugal Living
- Creating a Budget
- Meal Planning
- Spring Cleaning
- Make It Fun – 1 Week Free Quality Time Activities



## **COMPLETE RESOURCE LISTING**

[Queen of KAOS Directory](#)